

Napili Community Garden

A place to share knowledge, friendship, family and food.



FROM OUR CHAIRPERSON LISA BERG

Aloha garden Ohana. Hard to believe it's been a year since our last newsletter. We were in such a different place last May with our biggest complaint being the drought. Everyone in our community is hurting and it is reflected in our garden as well. I hope that time has helped with some healing and that the garden has provided some stress relief.

If anyone has housing on the westside, our members are still in great need of a place to live. Please reach out if you have any leads on housing.

Recent good news, we now have our non-profit status. This means we can apply for grants and other funding. If you have a vision of what would make our garden community even better, please come to the meetings and share your ideas.

The Council met last Saturday to talk about how we can better serve our members and prioritize issues, concerns and tasks. There were lots of great ideas but we all agreed that we really need feedback and input from ALL MEMBERS. We'll be sending out a survey soon and would love to hear from YOU!



We appreciate everyone who shows up and contributes at our monthly meetings and work days, but we're missing the rest of you! These events are a great way to connect with others, share ideas and get involved. It's helped with the healing to connect with you all. The monthly meeting counts as an hour of community service and of course we need everyone at the workdays to combat and stay on top of the weeds. Won't you join us?

We're planning some fun events and hope to see everyone soon. With aloha.

ELEMENTS PLANTS NEED TO GROW AND WHY

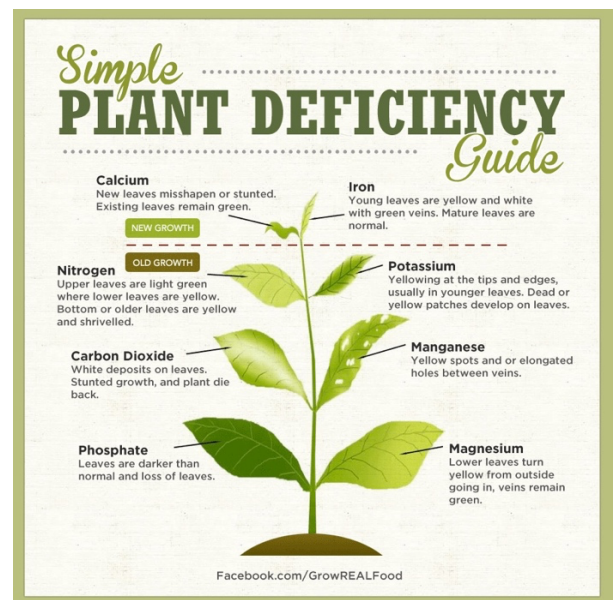
Nitrogen, Phosphorus and Potassium.

While all the Big 3 nutrients work together in a plant, each has specific jobs. A simple trick for remembering what each component of N-P-K does is "head-arms-legs" for "leaves-flowers or fruit-roots."

Nitrogen (N) gets the growth show on the road. It's a building block for growing new stems and leaves, plus it is a necessary part of chlorophyll, which makes the leaves green and helps plants photosynthesize.

Phosphorus (P) is needed for developing flowers, fruits, and root systems.

Potassium (K) keeps roots healthy and also aids flowers and fruits. It helps plants tolerate stress, such as drought.



E Hele Me Ka Pu'olo

Make every person, place or condition better than you left it

WE NEED YOUR LITER SODA BOTTLES!

Member Karie Haider just completed her master gardener class and has lots of useful information to share with her fellow garden lovers.

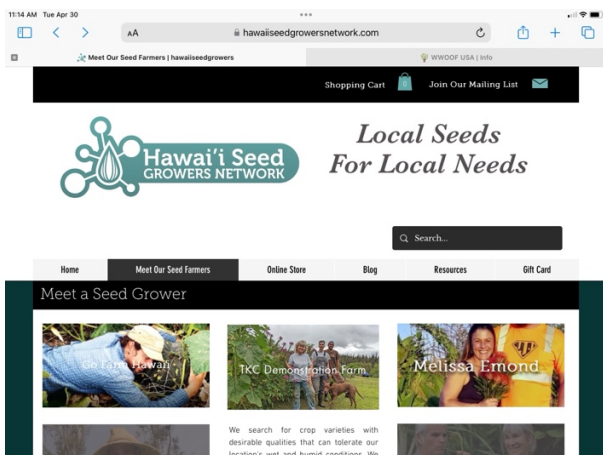
One thing she's super excited about is a fruit fly trap. Since she installed one in her garden her calamansi has been bug free!

Karie is offering a free workshop for members but **needs liter soda bottles** to make the traps. Please drop clean liter soda bottles in the shed and let us know if you would like to attend the class. It will be fun, informative and get rid of those pesky pests. Date TBD.



LOCAL SEEDS FOR LOCAL NEEDS

Here's an online seed store geared specifically for Hawaii. You can either order seeds here or get an idea of varieties that grow best in Hawaii.



JUNE EVENTS

Maui AgFest & Livestock Fair,
Saturday June 1, 9:00 am – 4:30 pm

War Memorial Wailuku \$5 Adults
Farmers, Breakfast, Tastes, 4 H , food booths,
farmers market to name a few.

Potluck - Sunday June 9 5:30 pm

Bring a favorite dish and and enjoy your garden neighbors.

Council Meeting – Saturday June 29 9-10:30 am

NCG Community Work Days

Thursday, June 6 – 4:30 – 6:30 pm

Saturday, June 15 – 8:30 – 10:30 am

Come one come all! Community work days are fun and you can come anytime during the set time and work as little or long as you want. It really makes a difference to have all hands-on deck in making our community space beautiful.

WHAT TO GROW IN THE SUMMER MONTHS

According to Hawaiiseedgrowersnetwork.com “As the days warm up its good to focus on heat loving plants that need these long days to flower and seed, producing the abundant cornucopia you want to bring to your dinner table. Think, corn, squash, tomatoes, peppers, onions and heat loving greens”.



FRIENDLY GOOD NEIGHBOR REMINDERS

1. Clear pathways **2 ft** around your plot
2. Stay within your plot: when putting up a fence and growing something on the fence it will eventually block the pathway. Please be mindful.
3. Weeds are not only a problem for you but will be shared with your neighbors. Please weed!
4. Selling what you grow is not permitted
5. Fences need to be **4 ft** or under
6. We are an organic garden; chemical pesticides or herbicides are not permitted

We Need New Members!

Sign up a friend or family member and receive 2 hours of community service credit.

THE AMAZING MORINGA!

Many of you have used this amazing plant for years, but many have no idea why we have all these trees around the garden.

Meet Moringa, the up-and-coming detoxifying superfood that's the star of this delicious spicy green soup.



Ingredients

8 ounces Moringa stalks, cut into 3-inch pieces
4 cups water
1 teaspoon olive oil
1 teaspoon kosher salt
1 teaspoon fennel seeds
¼ teaspoon ground turmeric
Pinch cumin seeds
6 curry leaves
2 medium taro roots, peeled and cut into ½-inch pieces
1 green Thai chile, seeded
Kosher salt, to taste
1 lime, quartered, for serving
Freshly ground black pepper, for garnish

Directions

In a 2-quart saucepan, combine all the ingredients, except for the lime wedges and pepper, over medium-high heat and bring to a boil. Reduce the heat to a simmer and cook, covered, until the vegetables are tender, 20 minutes.

Transfer the mixture to a blender and pulse until the soup is coarsely puréed. Set a fine-mesh sieve over a bowl and strain, using a spoon to press out as much pulp as possible from the Moringa fibers. Discard the fibers.

Adjust the seasoning as needed with salt and divide between bowls. Squeeze a lime wedge over each bowl of soup. Then garnish with freshly ground black pepper and serve.

WELCOME NEW MEMBERS

Janel, Stewart, Itzel, Abel, Elle, Greg, Cheyenne, Kristina, Jason, Aisha, Kayo, Brian, Makai, Moon, Kion, Lisa, Maverick, Ray, Taj, Anna, Daniel, Angelina, Jeremiah, Katharina, Christiano, David, Darren, Melinda, Alder, Arrow, Elexis, Cole

PREMIUM GARDEN SOIL RECIPE

- 2 parts topsoil
- 2 parts compost
- 1 part perlite or vermiculite
- 1 part peat moss
- 1/2 part sand

You can also just use 2 parts topsoil, 2 parts compost and 2 parts peat moss

How to make the best soil for a vegetable garden? The ideal soil texture is "loamy" and consists of equal parts of sand, silt, and clay. Loamy soil has that perfect balance-it holds moisture but also drains well, allows oxygen to reach plants' roots, and is rich in humus (organic matter). It's easy to work and contains plenty of organic matter.

2024 NCG COUNCIL

Chair, Lisa	808-633-6281
Vice Chair, Angela	978-821-3796
Treasurer, Gary	808-633-3080
Secretary, Pauline	808-283-0242
Membership Coord, Marie	808-866-8417
Plot Manager, Donna	808-463-8211
Project Manager, Anita	808-214-4217

Mohala i ka wai ka maka o ka pua

Unfolded by the water are the faces of the flowers